



SATURDAY, MAY 3, 2025
 5K RUN REG - 7 AM
 5K RUN - 8 AM
 WAG WALK REG - 9:30 AM
 WAG WALK - 10 AM



5K/ FUN RUN REGISTRATION FORM

Full Name _____ Date of Birth _____
 Address _____
 City _____ State _____ Zip _____
 Email: _____ Phone _____

Register by April 9, 2025 to ensure a T-shirt.

Shirt Size (circle one) **ADULT** S M L XL / **YOUTH** XS S M L

RACE DETAILS

Race Location: The Anchor/Pat Bellew Park at Highland Lake, 612 Lakeshore Drive, Oneonta, AL 35121
 Awards: One 1st place award for male and female in each age group will be given for 51< runners only.
 Age groups: 12& under, 13-19, 20-29, 30-39, 40-49, 50 and over.

- Events: 1) **5 K run** - starts at 8:00 am; cost \$30 per runner. _____(check here)
 2) **1-mile Fun Run** - starts at end of 51< run; cost \$15 per participant. _____(check here)

RULES: Participants are welcome to run with their pets as long as pets are compatible with other pets and humans. Waiver must be signed by each participant (parents may sign on child's behalf).

Donations: The Animal Adoption Center would appreciate your donations of dog food, cat food, newspaper, dawn dish soap, and bleach.

Payment Information

Make Checks payable to: AAC of Blount County OR use Venmo code:
 Mail registration to: 612 Lakeshore Drive, Oneonta, AL 35121
 Contact: Cheryl Storey 205-515-0432
Race registration is also available online: <https://runsignup.com/barks>



Paula Blass
 @Paula-Blass

venmo

T-shirts are not provided for 1 mile fun run. If you would like a shirt they are \$20 plus the 1 mile fun run entry fee! Registration fee increases to \$35 the day of the race for 51< Run.

Waiver:

I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I assume all risks associated with running this event. Having read this waiver and knowing these facts and in considerations of your accepting my entry fee, I, for myself, and anyone entitled to act on my behalf, waive and release the Town of Highland Lake, the Lady Lakers, and all sponsors, their representatives and successors, for all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent or Guardian if participant is under the age of 18)

Date

Total Amount Paid: _____